

USA Fit Denver 2015 Program Event Calendar Listing Info - REGISTRATION

Prepared by: Renae Virata

Title: Register Today for Marathon/Half Marathon Training Program with USA Fit Denver

Date: Today - May 16, 2015

Times: All Day (if required, put 12 am – 11:59 pm)

Website: http://www.DenverFit.com

Location: St. John's Lutheran Church, 700 S. Franklin Street, Denver 80209 near Washington Park

Contact: Melissa Skrbic-Huss

Phone: 720.933.6872

Email: info@DenverFit.com

Registration Fees: \$140 - \$190

Categories: Health and Wellness, Fitness, Sports, Community

Description:

Register today for the USA Fit Denver marathon and half marathon 2015 training season through Saturday, May 16, at www.DenverFit.com! Couch potato? No problem. Already run a dozen marathons? We've got you covered. We have a running or walking training group for every ability level, so you'll always have someone to train with. Over the course of 27 short weeks, our coaches will help you achieve your personal best in a non-intimidating, fun and safe environment.

You can register online at www.DenverFit.com through May 16 and join us for your first day of training on either Saturday, April 25 or May 2, 9 or 16. So come join us - we're saving you a spot!

As a member of USA Fit Denver, you'll receive:

- Ability-based weekly group runs or walks
- Daily training schedules to keep you progressing during the week
- Encouragement and expertise from trained coaches
- Informational seminars on running- and fitness-related topics
- Camaraderie and social events
- A USA Fit Denver technical T-shirt

Walk Your Way to a Marathon! USA Fit Denver also offers a marathon or half marathon training program for walkers.



Already Completed a Marathon? Join our Advanced Training Program (ATP) for runners, which emphasizes quality over quantity through a progression of general, special, specific and explosive strength training and an intense focus on the demands of marathon running.

Endorsed Race Events and Discounts: We highly endorse, though do not require the Georgetown Half Marathon on August 8 (for which we will raffle one registration!), the Rock 'n' Roll Denver Marathon and Half Marathon on October 18 as well as other races throughout Colorado as your target races. Plus, enjoy special discounts on select events!

No matter how much you've run or walked (or haven't!), we have a training group for every skill level, so you'll always have someone to train with. Over the course of 27 short weeks, our coaches will help you achieve your personal best in a non-intimidating, fun and safe environment.

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